



Goonj

(((((((Resonance)))))))

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A childhood to every child. Together we can make it happen!



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CCDT SNAPSHOTS

Child Rights Day at Nanhi Muththi

Nanhi Muththi initiated awareness rallies which were carried out in various communities of Dahisar and Nallasopara on 20th November i.e. Child Rights Day. The children were seen sloganeering “नन्ही मूँल नन्ही हाँ, {3e न्ही इकतबे हो साँ, न्ही

करो आँ कमाँ, करो हे हमे ओ प!ाँ, शत ओर इखा के बरबर मोके

bcco. कल शवाइता को ना रोके” and rallying in the lanes. It was

encouraging to see even parents volunteering with these small soldiers and

echoing child rights. A total of 350 children became a part of this initiative.



“Haan Mein positive hu, Par hu...!”

It has been observed that many HIV infected children and families are experiencing a wide range of emotions such as fear, loss, grief, depression, denial, anger and anxiety. This affects the entire family and especially children. But being diagnosed with HIV does not stop one’s life. If a person accepts his/her HIV status and takes proper care and treatment, he/she can lead a healthier life. On this note, the theme of the Common Support group meeting was “Haan Mein

positive hu, Par hu...!” (Yes, I am HIV positive but I am still there/alive)

The event brought around 550 youth, children and adults, old and new registrations and even included phased out families and community volunteers. The focus of the meeting was to discuss issues pertaining to changing their attitude towards HIV. It also shed light on the number of issues that are vital to lead a positive life.

If a person tries to change his own perception towards life, he will be able to create wonders and be successful. The same was depicted through dramas, testimonies, dance and other activities during the common support group meeting. It was an immense pleasure to see our children, youth talking in front of their parents confidently on the significance of disclosure of one’s HIV status. At the end of the session, children managed to convince the parents who were sitting on the panel about disclosure and were reluctant to disclose their statuses to their own children. It was also observed





during the home visit that some families were willing to disclose their status after they witnessed the children talking positively on the issue.

Shubh Aarambh : A New Initiative

Shubh Aarambh Program is a national consortium between 'Save the Children' and 'Magic Bus India Foundation', supported by Mondelez International. CCDT is the implementing partner of this consortium in Mumbai. The program has three main pillars – Nutrition Education, Fresh Foods and Active Play and focuses on engaging with children between 0 to 18 years, mothers, and other important stakeholders. The targeted communities include Wadala in Mumbai and Yeoor in Thane. Along with Maharashtra, the program is being implemented in Tamilnadu, Himachal Pradesh and Madhya Pradesh.



The program started in October 2014. 25 team members inclusive of 1 Project Officer, 12 Community Health and Nutrition Workers, 10 Youth Mentors, 1 Documentation and MIS Officer have been appointed and are actively leading the program on the field. The first quarter focused on rapport building, household survey, community mapping, trainings on Active play component by Magic Bus, Identification of Community Youth Leaders (CYL), sports sessions with parents & children and developing linkages with various stakeholders, to partner, for the program. The team has identified more than 100 CYLs and oriented them to Active Play and the role of CYLs. Ten groups of mothers, adolescents and children have also been formed and the rapport building process with them is going on.



CCDT at the Mumbai Marathon

Once again, it was a wonderful moment that our team had participated in the Mumbai Marathon. This was held on 18th January 2015 at Azad maidan. We are really thankful to all are supporters who participated on behalf of CCDT.

We have two marathon runners from our staff member who participated for the 1st time, they would like to share their beautiful moments of the marathon run.



A Memorable Morning

- Rashmi Kanchawade (m-Mitra Nallasopara)



On 18th January, 2015, Standard Chartered organized the Mumbai Marathon at Azad Maidan. All the NGOs from Mumbai participated for a good cause.

This was my first exposure, where I got to experience 'togetherness'. The experience was overwhelming! The Marathon atmosphere was sportive and cheerful. Azad Maidan was decorated with different stalls. The stalls belonged to various NGOs and companies that were promoting their brands, their talent, skills, products etc.



More than half way through the marathon, we found a boy who was lost. We tried to contact his parents by phone and spoke to the boy's father. However, we could not locate the parents and so approached the police. We finally had to hand over the boy to the police present at the Marathon. On the whole, we enjoyed the marathon experience which was truly enriching.

सुवर्णसंधी

-प्रदिप लोखंडे (मैजी ३)

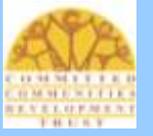


मैराथोन संदर्भात खुपदा ऐकले होते पण त्याला कधी अनुभवण्याची संधी मला मिळाली नाही ती बी.बी.डी.टी.संस्थेने दिली. खुप उत्साही व चैतन्यमय प्रभात होती त्या उत्साही प्रभातीला सुंदर अशी साथ मैराथोनची मिळाली होती. सर्व आजुनी नयिन नयिन चेहरे व रंगिषेरंगी कपडे जे ती रंगिषेरंगी फूलपाखरे दिशत होती. लोकांमधला उत्साह प्रत्येक जन त्या त्या मैराथोनसाठी तयार होत होते. चोहीकडे लोकांचा समुह नजरेत मावत नव्हता त्याच अरोधर

सर्व आजुनी शासनाची यंत्रणा कामला लागली होती! सर्व आजुनी अंदोषरत करण्यात आला होता. सर्व कंपन्या व संस्था आपआपल्या परिने आपल्या संस्थेचा प्रचार करण्यात गुंग होत्या.

सर्व आजुला चैतन्यमय वातावरण होते. सर्व जनसमुह आनंद साजरा करत होता. सर्व जण आपल्यापरिने प्रचार करत होते. आमच्या हातात बी.बी.डी.टीचे पत्रक देण्यात आले होते. आम्ही उत्साहाने त्यात सहभाग घेतला. मलाही खुप आनंद आहे मी आपल्या ट्रबट प्रचार केला. मैराथोनचा खुप छान अनुभव होता.





CHILDREN'S EXPRESS

idva; lCya pZBxnca Anwv

- Aakax]6De

ऑक्टोबर महिन्यातील बॉईज मिटिंग मध्ये गौतम सरांनी मला सांगितले की, यावेळी दिवाळी सणाचे pZBxn ml a krayce AahelTyavr svp4m ml nkar idl a| pr.tl sranl saigtI e kl sg; yana vgvv; ya s`ace pZBxn tyar k+n te Tya s`al a ml asmor sadr krayce AahelyaAa2l digRpa yane dihhDlce v mohMmd yane rmjan {dce pZBxn tyar k+n ml asmor sadr k d e Aahel Tyamu e tl a k2ltrl kravc l agd |he Oklh ml pZBxn krayal a tyar zal o|ml p4mc pZBxn tyar krlt ASLyane svahl ml a mdt kravl Axl Ap9a VyKt k d l. svahl ml a mdt kr-yace Aaxvasn idl e|



Tyan.tr ml pZBxnCya tyarll a l agl o|svp4m ivxal wIyaCya mdtlne [3rn8 v+n idva; l s`abd8l maihtl go; a k d l|Tyan.tr Tyatll invDK maihtl 69n pZBxn tyar k d e|g0tm srana pZBxn daqvLyan.tr Tyanl kahl bdl scivl e|faynl pZBxn zaLyavr ml pZBxncl p8टीस केली. त्यानंतर दिनांक २६ ऑक्टोबर २०१४ रोजी आकार मध्ये सर्व मुलांसमोर प्रेझेंटेशन केले. pZBxn krtana svvatll a ml a wtl va3t hotl|p` ml aca pltsad b6lh ml ahl]Tsah Aal a| pZBxn cagle zal e|

उमंग मध्ये चालणारी ही अॅक्टीव्हिटी आम्हाला आमच्या कॉलेज मधील विविध प्रोग्राम व अॅक्टीव्हिटी m@yhl kamal a y6l |[3rn8 v+n maihtl im; v`e pZBxn tyar kr`e v [trasmor tl sadr kr`e qrc ha 7o3a Anwv qp kahl ixkvth gd a|





4 Easy Steps..... to Problem Solving!

– Eawan Gurung (F.Y.J.C)

At Umang, multiple sessions have been conducted of which one particular session by Mr. Bhimraj Sir was of great interest to me. The topic covered was called 'Decision Making'. During the session, Bhimraj Sir said that the topic will be very useful for our futures as it will help solve our problems in times of urgent need, which is why this method would be very useful. There are only four steps that will guide us to come out of a problem/s. They are as follows:

- 1st step is to identify and to understand the problem, so we can be clear about what the main problem is
- 2nd step is to make a list of all practical (doable) solutions for a problem so it will be easier to solve the problem
- 3rd step is to identify a suitable solution to the problem from the list made and then select one which is good or profitable in relation to the problem
- 4th step is to apply or use the solution that you think is right and appropriate to the problem.



The session on the whole taught us how to approach a problem in future and remain calm whatever the situation may be.



By Priyanka



STAFF BYTES

Kivta- Aa; qIca Aavaj

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Aandl vatavr`at

Aai` gih=ya Okatat|||

mim5aCya Aavaj ane

mnaLaa Ao! Laagte

qIb 7an maihtl

mLaa fonvrc im; te

Aa{ ho~yaCya kLpne

Oka S5lce mn bhrte,

maZya ba; asa#l kay k+?

मनात प्रश्नांचे काहुर उठते...

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qIb idLae moLaace sdex

mazl Aoj ; c kml pDLal|||

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]Dan

pro.ke ka3ne se p.7l mrte nhl mgr,
बिना उड़ान के जीना, मौतसे होता है बदतर।

cl te hE vo j mlpr
Dre- डरे कदमोंसे।
takte hE Aasman ko,
अपनी नम आँखोंसे।

ko{ wl bDl Aasanlse
उन्हे रौंदकर चला जाता है।
tDpta hAa, isskta hAa
im3दीमें छोड़ जाता है।

j b wl doqta hb mE
Apnl ma> bhn, blvl, bBl kl Aor,
पर कटे हुये पंछी आते है नजर।
pro.ke ka3ne se p.7l mrte nhl mgr,
बिना उड़ान के जीना, मौतसे होता है बदतर।

आओ दोस्तो कुछ ऐसा कर दे।
हर दिलमें उड़ने की उम्मीद भर दे।
Aaqome qil a Aasma>
परोंमें फड़फड़ाने की ज़िद भर दे।
hr jj lr, hr ipj re ko toD_ ske
ऐसा बुलंद हौसला भर दे।
AOr ifr n ka3 ske ko{ pr ikslke
इस जहाँमें समानता इस हद भर दे।

- g0tm Ant tabe



I. My Experiences with CCDT!

Sangeeta Pereira – Maitree III

CCDT will be completing 25 years this year and I feel privileged to be one of the witnesses of its journey. I complete 19 years in CCDT, which has provided me with rich experiences during the journey. I met many people during this journey who have left a pleasant mark in my memories. I would like to share these memories with you.



When I was with Home Based Care- Project CHILD

It was heart touching at the same time a harsh life to face. When working with families, it was a challenge to hold a holistic approach. There were child headed families where children were being snatched off their small properties that their parents had left behind.

I would like to share a story of Nikhil, a 12 year old boy who was suffering from HIV and was terminally ill and was admitted to Nair hospital. They were four siblings living with their uncle since their parents had passed away due to HIV-AIDS. Psychosocial support was given to the family along with nutrition and medical support. Through support group meetings, the family was made strong and it motivated them to fight for their rights.

Many years later, in Nov 2014, when I was travelling in the Virar train, 'Prachi', Nikhil's sister met me. She remembered the staff working in CCDT and thanked CCDT for its support. She was overjoyed and tears of happiness rolled down her cheek. She shared "the most touching scene was when Nikhil waited until you came to see him and after drinking water, he closed his eyes forever." She also recalled how CCDT supported them to carry out the funeral rites with dignity, especially when there was stigma and discrimination faced by others in 2004.

All the four siblings have now settled down. Prachi looked happy and appreciated CCDT's support and cherished good memories of those days.

One late October evening, in 2013, near Mumbai Central, Surekha Raiyba tapped me on my back and was surprised to see me. We got conversing immediately and she said "CCDT's support gave them the courage to carry on with life positively by encouraging their education, supporting their children and encouraging women to start working, especially the uneducated. Now my son has finished his graduation and is currently pursuing his engineering course.



My Experience at Ashray centre

Being the first house mother, it was certainly a good experience to care and nurture the tender lives of innocent children in my care. The best part was every time a child cried, I would open a child development book and read it to understand what was going on in the child's mind ". Another sweet memory is of Baby Ashwini who had started walking and was making the care taker run after her and was opening all the lockers of children. When the care taker shouted at her, she took the hand towel and started dancing around the hall loudly saying," Mavshi, Pavshi." This incident made me laugh and realise the power every child has to make an adult smile wholeheartedly, even through hard times.

ii. maza p/vas

- Lata ZaDe

३० ऑक्टोबर १९९० रोजी मी सी. सी. डी. टी. संस्थेत रुजू झाली. हा माझा पहिला जॉब होता. मी एकटीनी केव्हाच प्रवास केला नव्हता. ज्यावेळेस माझ्या sobt माझ्या Aa{-vDII ana sara Aa#3InI paihLae Tyave ः Tya Mh`aLya ik]dya paslh tILaa Ok3ILaa pa#Vaa, jo pyRt tl Ok3I yet nahl to pyRt itCya mnatILa wltl dlt ho`ar nahl v Tyacve ः mLaa S3afne deqILa spoB kLaa Aai` maZya mnatILa wltl dlt zaLal|sI|Sal|DI|3I|t AaLyamu e mLaa qIb)an im; aLae| Laokaxl svad ksa krava, AapLya kamaCa]dex kay Aahe he nhlml La9at #e}n Laokaxl svad ksa sa2ava, AapLyal a idLaLal j babdari plR kxI kravle tsc kayk/hmat ple ye}n Aapl a Sahwag va!iv`e ya svakhu e maza AatmivXvas va!Laa|vStl m@ye kam krt Astana mLaa qIb cagle va{3 Anuvv 6e-yas im; al el l okance Mh``e Oklh 6e}n n.tr Tyavr]pay yoj na kralya he maZya cagLae La9at AaLae|



EÊ v8R AarogY khdát kam kLya n.tr ml dihsr m@ye 'hmsb' pKlpam@ye car v8R kayRt hotel Tyalla@ye ml Ait joqmlCya mata ko`aLaa Mh`aLyaT he ja`th 6eLae b-yac kss spln kLya|yaCae mLaa manisk sma2an va3te| Tyan.tr 'm5I' pKlpam@ye mLaa Ê v8R mLaa sobt kam kr-yacl si2 im; aLal| Tyam@ye ml j lvn k0xLy kay Aste he ixkLae tscA PáTyk ml am2ILa SaRt gu ana vaVa idLaa pahlje jê e k+n Tyaca ivkas ho{La he ml ja`th 6eLae Aahe|

s@ya 'Om im5a' ya pKlpat gLya Î mihllyapaslh kam krt Aahe|he kam kr~yas mLaa]Tсах va3to kar` moba{La pare grodr v Stnda mihLaasa#l sdx hl skLpna ml a far AavDLal| Axa pkare Aandat mza p/vas Om im5at su+ Aahe|



iii. Axl hl Ok va3caLa

- ilatlla ixde

१ ऑगस्ट १९९६ ca idvs sjy ga2l ra*3ly]`anatlla
maza kamaca phllaa idvs hota|n|siglk vliv@ytne n3Lae
]`an p` TyaCya po3at rah`are Aaidvasl ba2v ma5
dlLaR9tc|

Hyacac ivcar k+n sl|sl|DI|3l|ne Aaidvaslcl qrl grj
pahin kayaLaa sirvat kLal| DoKyatlla ksar A;ya PaDLae
paslh tr xrlavr Ivcarogane zaLae j qmaCya mLaana A082e



Laavh Aa6o; 6aLa`e kpoixtana sks Aahar de`e joqmlCya gwRtl matana vE`iky sirv2a v
sks Aahar dvlh Svt:Cya AStIvsa#l La!~yas s9m kr~yasa#l kayR CaaLal zaLae|b6ta b6ta
E`E v8R Lao3Lal. magv; lh pahana Tya AaLae Amlly Anwvatlh qh kahl ixkayLaa im; al el
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Anwvat va! hot hotl|

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t+`नी कॉलेजचे दिवस अनुभवले. आणि हा Asa bdLa sjy ga2l ra*3ly]`anatlla ba2vana
sirvat hota|

6raca v jimnlca pXn sS4ne maglR LaavLaa Mh`lh LaoKaCya mnam2lla maglla E`I v8aCya
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ml Vyvsaiyk plx9`ace nve 2De glrvlt hoto| he svR sl|sl|DI|3l|Cya kpa75a mu e
zaLae|Aai` Aata 4abv`e MaLaa xKy nVhte Mh`lh ha Pavas s@ya pl e caLal Aahel|||



A Story of Survival...

-Milan Koyande

Milan was born in a brothel at Kamathipura and was staying with her mother, elder sister and elder brother. Milan's elder brother was involved in gambling work and her mother and elder sister were forced into the sex trade. She was brought up in the area where she could witness victimization of women each and every day. Milan was no exception. She was harassed to get into prostitution or to work in a dance bar but her interest was very much towards school, education and a good life free of exploitation. At the age of 12, Milan got herself enrolled in school through another organization working in the area and studied upto 8th std. She always wanted to continue her studies but had to drop out from school due to financial constraints and also her family was thrown out of the brothel by the pimp. Milan started living on the street with very less food, no work, no money and most importantly no dignity. Looking at her condition, the community people and pimps again started forcing her to join the sex trade however she was very clear about not getting into prostitution.



Milan started searching for a job so that she and her family could at least eat one square meal a day. Shweta Maushi and Yamuna Maushi who were working in CCDT as care takers helped Milan to get into CCDT's Ankur Project for a job. Milan was aware about the community but she did not have any experience to deal with issues and crises. She says "looking at my condition and my aspiration to have a dignified life, CCDT offered me a job". Milan started working in project CHILD in August 1995. She also used to help in Ashray and the drop-in centres whenever required. She says she learnt a lot, from how to talk to people to now making them self reliant. It was not an easy job seeing HIV positive children and adult community members whom she loved and got attached to, dying.

Meanwhile, her sister passed away due to T.B and Milan ended up taking care of her nephew and niece. Milan provided education to both of them and even got them married. A few years later, Milan and her family also shifted from Kamathipura to Mankhurd. She also got married and is now living with her husband, her two children and her brother. Both her children are currently studying in an English medium school, which was Milan's childhood dream. With hard-work and efforts she had made herself independent and financially stable. Milan is one of the most sensitive and mature staff of HBC programme. Her ability to build an excellent rapport with HIV impacted families keeps families attached to the programme even though they may be phased out from the programme. She is living a very positive and dignified life, owing it to none other than CCDT's support.



A HAPPY MOMENT EVERYDAY

Happiness is a state of mind. It is an interesting concept which can mean different things to different people. People with cheerful personalities bring sunshine in the lives of others. We would like to share some points, which will help us gain a happy moment everyday



1. Listen to, or watch something funny: Laughter has a way of completely wiping out a negative mood.

2. Laugh at yourself: We all have a way of taking ourselves too seriously, at times. Sometimes just poking a little fun at ourselves can lighten us up.



3. Go back to your Childhood: Remember, what it is like to be a child and don't just sadly think of the past, do something that takes you back to your childhood. Ride a bicycle, kick a ball, do an art project, ride a scooter, talk to a child etc. Allow yourself to be an eight-year old in an adult body.



4. Create a playlist of happy songs: Get a playlist ready with songs that make you happy. This certainly helps when you could use a boost. Try to include songs from various positive phases of your life, if possible.

We appreciate the entire CCDT team's contribution to the newsletter and look forward to your future participation in sharing unique experiences and stories with us. Our next release will be in May 2015.

Coming together is a beginning; keeping together is progress; working together is success. –Henry Ford

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