



**ADOLESCENTS'  
GUIDE  
(CYBER CRIMES &  
BULLY)**

HOW TO PROTECT  
YOURSELF FROM  
CYBER CRIMES &  
BULLY



Protect your social media accounts.  
To safeguard your network from hacking or other compromises by sealing it with a complex password and periodically changing it.



Never share your  
password with anyone. It  
may compromise your  
account.



Keep your privacy settings on point. Whatever you post on social media should only be visible to your friends and followers.



Cyber-criminals can create fake profiles. Hence, avoid accepting random friend requests and check for mutual friends/followers.



Never share your personal details such as address, phone number, DOB etc. on the social media sites.



If your social media account is hacked/ compromised/ fake account has been created, reach out to an adult for guidance and send an alert to all your contacts and service provider to temporarily suspend your account.





Never click on  
random/unknown  
links/apps that pop up  
on the browser and  
never download/install  
unknown/random  
softwares. These could  
contain virus.



Cross check all information/news you observe on social media before forwarding it as it might be a hoax and might contain create law and order problem. You must always check other news sources to confirm.



Observe copyright  
details before  
downloading/uplaod  
ing/ accessing  
content online to  
avoid legal troubles.

WE ALL HAVE THE POWER  
TO PREVENT CRIMES AND  
PROTECT OURSELVES AS  
WELL OUR FRIENDS.

STAY SAFE! STAY AWAY  
FROM CYBERBULLYING &  
CYBER CRIMES